



# Havencrest Riding Academy Inc.

## Camp Policies and Medical Form

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### Camp Policies

#### Dress Code

Riders must wear approved ASTM riding helmets and shoes or boots with a hard sole and a heel of no less than 1.5 centimeters when riding. We recommend that you purchase riding boots designed specifically for riding. A limited number of helmets are available for a few lessons, however, we cannot guarantee their fit or overall safety. We strongly recommend that students purchase their own helmets. *Hockey helmets and bicycle helmets are not acceptable.*

Jeans or long pants and chaps are acceptable for riding but breeches are preferred and a t-shirt or polo shirt with a collar may be worn. A camp package can be purchased at Bahr Saddlery in Milton which provides all the appropriate riding apparel. For more information go to: [www.bahrsaddlery.com](http://www.bahrsaddlery.com).

#### Food

Foods containing nuts or nut by-products are not permitted at camp. Campers are also not permitted to share any food with fellow campers. Please discuss this with your child before drop off so they are aware of the dangers of food allergies.

#### Medication

Students who have allergies or who may require medication while at camp are required to fill out a medical form (see below). It is imperative that you discuss any medical concerns with a staff member on the first day of camp.

#### Lost and Found

**Havencrest Riding Academy Inc. will not be held responsible for any lost or stolen items.** It can be difficult to keep track of belongings throughout the day and we recommend that campers properly label all of their belongings. Please do not send any valuable possessions to camp. All items left behind will be put into the lost and found in the Havencrest office.

## Medical Form

Camper's name: \_\_\_\_\_

Emergency contact person: \_\_\_\_\_

Emergency contact phone number: \_\_\_\_\_

Does your camper have any allergies to:

- Insect bites (i.e. bees or wasps)
- Foods
- Penicillin
- Other drugs or medications

If yes, please specify: \_\_\_\_\_

\_\_\_\_\_

Riding and working with horses is fun and rewarding in many ways but can be dangerous. It is important that the staff at Havencrest is aware of any medical considerations that may be important to know in case of an emergency.

Please list or explain past injuries, conditions or illnesses that we should know about:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Does your camper use an inhaler or an EpiPen or need any other medication throughout the day?

\_\_\_\_\_

Date: \_\_\_\_\_